



ICSEW Presents:

2024 Professional Development Conference

October 8-9, 2024

Virtually

October 10, 2024

In-person

Tacoma & Spokane Valley

Making
HERstory

Breaking Boundaries, Building Bridges

CONFERENCE AGENDA

Tuesday, October 8, 2024

8:45 – 9:00	Opening & Announcements	
9:00 – 9:45	Cami Feek	From the mail room to the agency leader
9:45 – 10:00	BREAK	Music
10:00 – 11:00	Amandeep Puri	Women Change-Makers
11:00 – 11:15	BREAK	Music
11:15 – 12:00	Julie Pham	What is the difference between “disrespect” vs. “lack of respect”?
12:00 – 1:00	BREAK	Music
1:00 – 2:55	Jess Clayton	Moving from Surviving to Thriving: Out of the Life Raft and Steering the Yacht
2:55	Prizes, Announcements/Music	

Wednesday, October 9, 2024

8:15 – 8:30	Opening & Announcements	
8:30 – 9:30	Rae Simpson	Assessing the Impact of Compassion Fatigue, Burnout and Bullying
9:30 – 9:45	BREAK	Music
9:45 – 11:15	Elizabeth Power	Five Core Skills that Make Life Easier
11:15 – 11:30	BREAK	Music
11:30 – 12:30	Raedene Copeland	Goldilocks Syndrome? Master the Art of Confident Communication
12:30 – 2:30	BREAK	Music
2:30 – 3:45	Ayanna Coleman	<u>Panel Discussion</u> – Lifting As We Climb: Centering our Sisters in Leadership Development”
3:45	Prizes, Announcements/Music	

CONFERENCE AGENDA

Thursday, October 10, 2024 | Tacoma

8:30 - 9:00	Refreshments & mingling	
9:00 - 10:30	Annie C. Barrett	Speaker/Workshop
10:30 - 10:45	BREAK	Music
10:45 - 12:00	Networking activities	

Thursday, October 10, 2024 | Spokane Valley

8:30 - 9:00	Refreshments & mingling	
9:00 - 10:30	Marie Stuppard	Speaker/Workshop
10:30 - 10:45	BREAK	Music
10:45 - 12:00	Networking activities	

DIRECTIONS FOR IN-PERSON

Tacoma

Office of Administrative Hearing Building in Suite 200

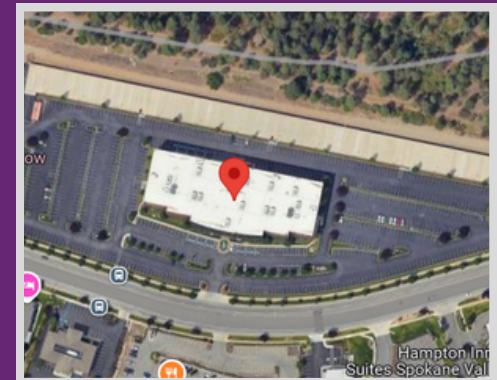
4301 S Pine St,
Tacoma, WA 98409



Spokane Valley

Office of Administrative Hearing Building in Suite 3000

16201 E Indiana Ave,
Spokane Valley, WA 99216



OUR SPEAKERS



Cami Feek (she/her)

Appointed Commissioner for Employment Security Department (ESD) by Gov. Jay Inslee

Cami Feek was appointed commissioner for the ESD by Gov. Jay Inslee in June 2021. Prior to that, she served as ESD's acting commissioner, deputy commissioner, and chief operating officer. Her career in state government started back in 1996 in a non-permanent role in a mail room. She rose to executive leadership through hard work, dedication to public service, and living her values of teamwork and servant leadership.

In addition to laying the groundwork for the successful launch of Paid Family and Medical Leave, Cami has also led other major government transformation, such as creating rules for competitive contracting when civil service reform launched.

Cami has a Bachelor of Arts in business and public administration from The Evergreen State College, where she also earned a four-year varsity letter in soccer. She lives in Tumwater with her husband and their two children.



Amandeep Puri (she/her)

Commander, Office of Culture & Engagement, Washington State Patrol

Amandeep Puri has worked for the Washington State Patrol (WSP) for the last four years in the Office of Culture and Engagement. She presented Ownership: Buy in.

Prior to coming to WSP, she worked as a professor for Tacoma Community College. Amandeep lives in Federal Way with her husband, Sameer, and their two sons.



Julie Pham

PhD, author, TEDx Speaker, CEO of CuriosityBased, & founder of "7 Forms of Respect"

Julie Pham was born in Saigon, Vietnam, and grew up in Seattle. Dr. Pham earned her PhD in history at Cambridge University as a Gates Cambridge Scholar and she graduated magna cum laude from UC Berkeley, where she studied history. She earned her real-life MBA by running her family's Vietnamese language newspaper during the Great Recession. She has worked as a journalist, historian, marketer, nonprofit executive, community organizer, and management consultant. She has been recognized with numerous awards for her community leadership. She lives in Seattle, Washington.



Jess Clayton (they/them)

Jess Clayton, MSW, is a trans, queer, physically disabled, kidnapped, sex-trafficked, and severely abused cult survivor and victim of domestic violence career state employee who leverages their experiences in strategically serving others to propel the pro-equity, anti-racism work forward with greater momentum. Jess holds 26 years of experience working with marginalized populations in behavioral health, chemical dependency, social services, child welfare, and healthcare management with 18 years in public administration and public health policy and 16 years leading public sector strategic change management. A member of two of the Washington State Business Resource Groups (Rainbow Alliance Inclusion Network and Disability Inclusion Network), they are deeply passionate about social and health equity, particularly as it relates to providing equitable access to needed programs and services for the most vulnerable populations.



Rae Simpson

Health Services Quality Director for the Washington State Department of Corrections

Dr. Simpson is the Health Services Quality Director for the Washington State Department of Corrections. She is responsible for the implementation of the coordinated quality improvement program for eleven prisons across the state. Over her 30-year nursing career, she has held numerous leadership positions. Her expertise in quality improvement, behavioral health, and nursing leadership has provided her with the opportunity to travel around the country serving as a consultant for several organizations assisting them in achieving certification with accrediting bodies such as the Joint Commission. She has a MS in Nursing and a PhD in Leadership from St. Martin's University.



Elizabeth Power (she/her)

M.Ed.

Since 1982, Elizabeth Power's life work has been around change, resilience, and how traumatic experiences shape life – and how we can use knowledge of that to help make the world a better place. She is an avid believer in the power of learning as a restorative and healing tool.



Raedene Copeland Ph.D (she/her)

Founder of Achieve Brand Consulting

Dr. Raedene Copeland is the founder of Achieve Brand Consulting, a global leadership brand development consultancy. She delivers captivating keynotes and transformative trainings on leadership as a global language to support organizations' missional goals and develop leaders of distinction. For over the past decade she has served as a tenured professor of apparel merchandising, led DEI initiatives, and was the assistant provost for faculty research and development.

Having migrated from Trinidad and Tobago to pursue her education, Dr. Copeland understands firsthand the opportunities, challenges, and rewards of broadening the scope of one's experience. A genuinely happy person, Dr. Copeland infuses joy into her leadership practice with the hope of inspiring greatness in those she serves.



Maleah Jackson

Principal and Managing Consultant for Makari Consulting

Maleah Jackson is Principal and Managing Consultant for Makari Consulting, a firm committed to co-creating equitable organizational change. She centers equity and belonging in her life and work. Her specialty is operationalizing equitable tools, processes, and strategy across organizations and teams. She has been guiding organizational change and accountability for over 15 years. Her expertise in process improvement and leadership development as well as her work in both public and private sectors give her the ability to connect and create efficiently and effectively. Maleah has been training and facilitating for over 20 years, focused on people and culture, including teaching people to have compassionate, safe, and courageous conversations. She holds a Bachelor of Science degree from Spelman College and resides in Seattle, Washington.

PANEL



Ayanna Coleman

EDI Director at the Employment Security Department (ESD)



Stasha Espinosa

Communication Director at Directors Office OFM



Tennille Johnson

Director of Business Diversity & Inclusion at OMWBE



Pamela Duncan

Deputy Director Chief Transformation Officer DES



Mikia Guy

Director of Strategic Partnerships with Serve Washington/OFM



Lenora Sneva

Leads Office of Financial Management's Organization Strategy & Performance Team

IN-PERSON SPEAKERS



Annie Barrett (she/her)

MA, NBC-HWC, CAP, E-RYT

Annie Barrett is a National Speaker, National Board-Certified Health and Wellness Coach, Educator, Board-Certified Ayurvedic Practitioner, and Experienced Registered Yoga Teacher and Trainer. Annie has worked over 25 years as an educator spanning the fields of K-12, post-secondary and community education, alongside coaching individuals and groups in health and wellness, and training yoga teachers. She educates and empowers groups and individuals to live resilient and vibrant lives with the tools of lifestyle medicine, mindfulness, habit change science and yoga. As a workplace wellness provider, Annie has found success applying her diverse training in helping individuals and teams manage work-related stress, overcome compassion fatigue and burnout and achieve work-life balance.

Annie completed her Masters of Education from the University of California, Santa Cruz. She is a Board-Certified Health Coach with the National Board of Health and Wellness Coaches and holds a certification as an Integrative Health and Wellbeing Coach with YogaMedCo. She earned an Ayurvedic Practitioner diploma with Yoga Veda Institute and is a Board-Certified Practitioner with the National Ayurvedic Medical Association. Over the past 27 years, Annie has trained with many teachers and lineages of yoga and is an Experienced-Registered Yoga Teacher and Continuing Education Provider with Yoga Alliance.



Marie Stuppard

Career Coach & Facilitator

As an accomplished leader and trusted advisor, Marie uses her corporate experience to coach and help transform emerging leaders. She specializes in helping professional women who find themselves overlooked for advancement redefine their communication style, learn to effectively advocate for themselves, and take control of their career trajectory. The cornerstone of her coaching program (Voice Lessons) is helping clients communicate effectively.

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Your text...

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Your text...

Washington State Office of Minority & Women's Business Enterprises (OMWBE)

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Washington State Liquor and Cannabis Board

The Washington State Liquor and Cannabis Board recognizes and honors the essential role women play in state government.

We appreciate the ICSEW for working to improve the lives of all state employees, and the values it represents:

- Leadership, Integrity
- Fostering growth
- Empowerment
- Well-being





We're proud to sponsor the 2024 Professional Development Conference!

BRPELS is a state agency and Board, ensuring consumer safety in professional engineering, land surveying and on-site septic systems.



BRPELS supports inclusion and diversity.

We grow professional licensure through higher education, professional organizations and youth initiatives.

One example is our new Bigfoot mascot "Blaze," who encourages kids to get into surveying!



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- Established the Women's Prison Division
- Hosting the Women in Corrections Leadership Conferences
- Created a Gender Responsive Services Team
- Facilitating Incarcerated Individual Advisory Committees
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DOC is a proud sponsor of the ICSEW




WASHINGTON STATE DEPARTMENT OF FINANCIAL INSTITUTIONS

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**Making Herstory:
Breaking Boundaries & Building Bridges**

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ICSEW Professional Development Conference

OUR MISSION IS HELPING IMPROVE POLICIES THAT IMPACT STATE-EMPLOYED WOMEN.



Employment Security Department
WASHINGTON STATE

Employment Security Department is an equal opportunity employer/program. Auxiliary aids and services are available upon request to individuals with disabilities. Language assistance services for limited English proficient individuals are available free of charge. Washington Relay Service: 711

ESD.WA.GOV

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TRUST: We earn your trust through our actions.
DIVERSITY: Our differences are our strengths.
EQUITY: We meet each person's unique needs.
INCLUSION: Your voice informs and influences.

DOL.WA.GOV



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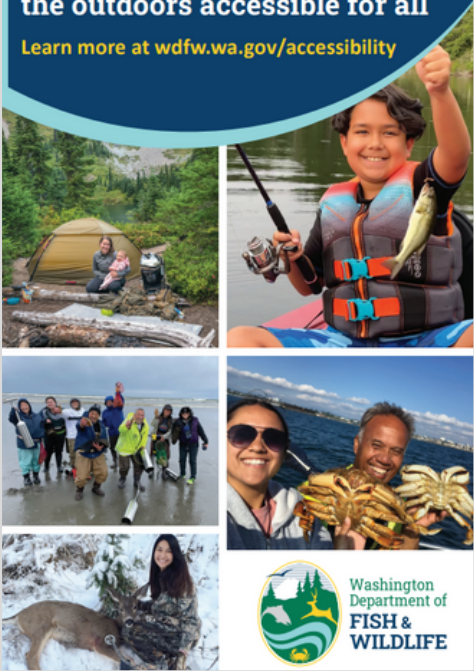


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Department of
Revenue
Washington State

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WDFW supports diversity, equity, and inclusion by making the outdoors accessible for all
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Washington Department of **FISH & WILDLIFE**




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The mission of the Board of Industrial Insurance Appeals is to serve the public by resolving appeals in a consistent, impartial, timely, and efficient manner.


Our employees are our most valuable resource: diverse, energetic, innovative thinkers who care equally about producing quality work and serving the public.

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WASHINGTON Student Loan Advocate
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Get your student loans **forgiven**. (No, really.)

Learn how to **apply** for PSLF. 

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WASHINGTON STUDENT ACHIEVEMENT COUNCIL
EDUCATION · OPPORTUNITY · RESULTS


You already know breast cancer screening is essential.


Breast cancer screenings can help find cancer early, when it is easier to treat.

Everyone with breasts should get screened every other year, starting at age 40.
Make your appointment today.

The Breast, Cervical and Colon Health Program offers free mammograms to those with limited incomes and unaffordable out-of-pocket expenses.



 Scan or call 1-888-438-2247 to find out if you qualify.



DOI1411146, July 2024, (CS)

Washington State Health Care Authority

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Washington State Investment Board

Celebrating Diversity

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DIVERSITY IN THE WORKPLACE BENEFITS ALL OF US

THANKS TO **ICSEW** FOR PUTTING DIVERSITY TO WORK

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Your text...

Your text...

Evolving Our Workforce: Join the Movement.

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the difference you can make.



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I believe an agency's success hinges on a strong commitment to diversity, equity, and inclusion in every area—a goal that extends beyond policies and protocols.

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Leticia Gomez Esposito
OFM Human Resources Director



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ARTISTS/MUSICIANS



Meghanne Storey and Raymond Hayden



Jessica Lynne Witty



NICHOLAS and bleu



Tiffany Maki



Brenna Larsen



Clinton "Dogger" Mullins

THANK YOU FOR YOUR COOPERATION

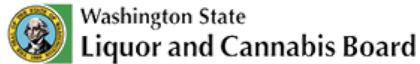


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