## **Interagency Committee of State Employed Women (ICSEW)**

## **Meeting Agenda**

September 21, 2021

**Zoom online meeting** 

**Mission:** To better the lives of state employees by advising the Governor and agencies on policies that affect state employed women.

**Vision:** Enriching lives through advocacy, outreach, and opportunity.

8:30 – 8:40	System Audio and Video Check	Speakers and Tech
5.50 - 6.40	System Addio and Video Check	Crew
8:40 – 8:50	Networking and Mingling – Open waiting room to all	All
8:50 – 8:55	Welcome – Opening Remarks	Josefina Magana
8:55 – 9:00	Land Acknowledgement	Josefina Magana
9:00 – 10:15	Flip the Switch Presentation	Joan Robison
	Book: FLIP THE SWITCH: IGNITE TRANSFORMATIONAL CHANGE TO LIVE A LIFE YOU LOVE	
	<u>joanrobison.com</u>	
10:15 – 10:25	Break	
7	Financial Stress Management	
	Karen Zukaitis, CUDE	
10:25 – 11:00	Financial Educator/Coach	Karen Zukaitis, WSECU
	Community Relations	
	Fritter Finder Budget Tool	
11:00 – 11:30	The Physiological Effects of Emotional and Physical Stress on the	e Dr. Stephanie and
	Musculoskeletal System	Dr. George Olar, 360 Chiropractic
	360Chiropractic	
11:30 – 11:40	Break	11(011111)

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ICSEW PRESENTS: An Overview of Changes to PFML with Jason Barrett (ESD) on Tuesday, September 28 <sup>th</sup> at 1-2pm on Microsoft TEAMS	Deirdre Bissonnette
Join us	
Subcommittee Breakout Session	All
Closing Remarks:  Conference Info and Registration is here	Josefi <mark>na M</mark> agana
	Barrett (ESD) on Tuesday, September 28 <sup>th</sup> at 1-2pm on Microsoft TEAMS  Join us  Subcommittee Breakout Session  Closing Remarks:

