



# Interagency Committee of State Employed Women

## May/June 2020 Bulletin

### Virtual Meeting



ICSEW is excited to announce it will be holding its next few meetings **virtually**, via ZOOM.

In these uncertain times, we felt it was very important to continue to engage with our members, provide

professional development opportunities and continue bettering the lives of all state employees through advocacy, outreach and opportunity. And to do so in a safe manner.

Please join us for our first ever virtual meeting **Tuesday, May 19 from 8:30 to 11:00 a.m.**

Registration is required through [Eventbrite](#). Once you register through EventBrite, you'll get an email with info on how to join the meeting.

**Registration is limited to 100 participants, so sign up early!**

### Meeting Presenter : Kim Wyman



Washington Secretary of State Kim Wyman will be presenting *Ahead of the Curve, Voting, Leadership and Women: Historical Insights and Contemporary Implications.*

Please visit our blog at [icsew.wa.gov](http://icsew.wa.gov) for a

complete presentation description.

Following the presentation, we'll highlight ICSEW's mentorship program and discuss the future of our membership meetings. ICSEW has decided to switch to a virtual meeting format for the next few meetings so we can safely continue engaging with our members.

We'll be discussing more about what this new virtual format will look like at our meeting. We hope you'll join us.

### Washington State Employee Assistance Program

In response to the COVID-19 pandemic, the [Washington State Employees Assistance Program](#), EAP is providing increased support to the employees, supervisors, leaders for all state agencies.



EAP staff realize emotional and mental health tolls will be significant during this time.

**Webinars:** EAP is providing a wealth of live and recorded webinars and handouts on COVID 19 topics for all state employees. Webinars are offered weekly. Some topics include Self-Care, Working from home during COVID 19, Taking care of children and other family members during COVID 19 and more.

The EAP also offers services via phone, and telehealth platforms. The EAP has resources that help address the impacts of stress, fear, financial loss, and more.

Make sure to check out the EAP's website and COVID-19 resources page:

<https://des.wa.gov/services/hr-finance/washington-state-employee-assistance-program-eap/covid-19-resources>

