

Interview Prep: Worksheet (Overview of You – Mindset of the Interview)

How would you describe yourself? (Words or short phrases)

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Why I am interested in this position? (What peaked my interest in this position and/or the organization?)

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Strengths (What you bring to the job – words or short phrases)

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Weaknesses (Areas for improvement – words or short phrases)

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**Level-up* If you want to expand on:*

Strengths – why it's a strength and how you use it

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Weakness – why it's a weakness and what you're doing to work on it

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The time is now (aka: Waxing Philosophical)

It's hard to talk about yourself and talk yourself up. Write anything to make you feel like you're the #1 candidate for this position. Getting is the mindset.