

2009

APRIL

1 Yakima **HEALTH INSURANCE COUNSELING** Wednesday, April 1, 2009 By appointment only
 Get answers to your questions about supplemental health insurance, Medicare, long-term care options and/or
 employment related insurance during a personal session with a Senior Health Insurance Benefits Advisor (SHIBA)
 Call 509-577-5015 or visit www.yakimamemorial.org

1 Seattle **COUNCIL FOR EXCEPTIONAL CHILDREN (CEC) 2009 CONVENTION & EXPO** Wednesday-Saturday, April 1-4, 2009 Seattle.
 Registration is now open. For more information OL: www.cec.sped.org

2 Sunnyside **HISPANIC SOCIAL - SUNNYSIDE** Thursday, April 2, 2009 (6:30p - 8:00p) B24 If
 you are a Spanish-speaking parent of a child with disabilities, receive support from other parents and share information.
 Meets the 1st Thursday of each month in Sunnyside at Children's Village. For information and to
 register, call 509-574-3260 or 1-800-745-3260.

6 Seattle **17TH ANNUAL CHILDREN'S JUSTICE CONFERENCE** Monday - Tuesday, April 6 - 7, 2009 Washington
 State Convention and Trade Center, Seattle, WA The Children's Justice Conference is an assembly of multi-disciplinary
 professionals committed to keeping children safe from abuse and neglect. EARLY REGISTRATION deadline is
 Mzarch 20, 2009 Information: www.dshscjc.com

7 Yakima **COMING OF AGE WITH AGING LOVED ONES** Tuesday evenings - March 3 - April 14, 2009 (6:00p - 8:00p) Tuesday,
 April 21, 2009 - Resource Fair & Light Meal (5:00p - 6:00p) and Presentation (6:00p - 8:00p) Eight FREE
 weekly seminars with vital information to help you care for your aging spouse or parent. Harman Center, 65th &
 Summitview, Yakima For more information, call Linda Henjum at 509-577-5015. **April 7 - Your Vascular Health:**
 A Matter of Life & Limb **April 14 - Trusts: Types & Purposes**
April 21 - Thinking Outside the Healthcare Box: A National Expert Discusses Alternative & Preventative Medicine

7 Yakima **SENIOR HEALTH ISSUES: Questions and Answers** Tuesday, April 7, 2009 (6:00 - 8:00p) Caregiver Education
 for those providing care that helps a spouse, relative, parent, physically challenged child, or friend either locally or long-
 distance. Put on by Yakima Valley Memorial Hospital's Community Education and Home Care Services with Yakima
 County Aging and Long Term Care Harman Center, 101 N 65th Avenue, Yakima, WA 98908 Information and
 registration: PH: 509-577-5015

7 Yakima **VALLEY PARENTS** Tuesday, April 7, 2009 (6:30p) - 8:00p) A support and sharing group for parents raising children
 with disabilities. Monthly meetings at Children's Village. For information
 and to register, call 509-574-3260 or 1-800-745-3260.

8 Yakima **MEDICATION EDUCATION** Wednesday, April 8, 2009 (1:00 - 3:00p) This free
 service will help you learn safe and effective ways to take your medication and avoid potentially dangerous drug
 interactions. Call 509-577-5015 or visit www.yakimamemorial.org

10 Selah	THERAPEUTIC OPTIONS Recertification	Friday, April 10, 2009	(6:00a - 2:30p)	YVS, 4th Floor Training Room
14 Selah	THERAPEUTIC OPTIONS Recertification	Tuesday, April 14, 2009	(7:30a - 4:00p)	YVS, 4th Floor Training Room
14 Yakima	TRUSTS: Types and Purposes	Tuesday, April 14, 2009	(6:00 - 8:00p)	
	Harman Center, 65th & Summitview Ave, Yakima, WA 98908			
16 Yakima	RAISING CHILDREN WITH AUTISM SPECTRUM DISORDER	Thursday, April 16, 2009	(6:30p - 8:00p)	A For
	Parent Support Group which meets the 3rd Thursday of each month at Children's Village. information and to register, call 509-574-3260 or 1-800-745-3260.			
17 Yakima	HISPANIC SOCIAL - YAKIMA	Friday, April 17, 2009	(6:30p - 8:00p)	If you
	are a Spanish-speaking parent of a child with disabilities, receive support from other parents and share information. Meets the 3rd Friday of each month in Yakima at Children's Village. For information and to register, call 509-574-3260 or 1-800-745-3260.			
18 Spokane	2009 FAMILY SUPPORT CONFERENCE	Saturday, April 18, 2009	in Spokane.	For information PH: 509-328-6326 x 211
	Registration is OL: www.spokaneparentcoalition.org			
18 Tukwila	CURRENT RESEARCH & TREATMENT of DOWN SYNDROME	Saturday, April 18, 2009	(9:30a - 3:00p)	
	Best Western River's Edge, 15900 W Valley Hwy, Tukwila, WA 98188 A national panel of researchers, including Drs. M Harpold, W Mobley, N Salaam and J Dean will discuss research issues related to Down Syndrome. Research is aimed at allowing individuals with Down Syndrome to participate more sucessfully in school, lead more independent lives an avoid early cognitive decline. http://www.downsyndromecommunity.org			
21 Yakima	DISCOVERY SIGN - Conversation in Sign Language	A FREE beginning Sign class is offered to families and caregivers and will provide a friendly relaxed environment where all family members can learn to sign together. Tuesday evenings: Ap+B11ril 21, 28, May 5, 12 and 19, 2009 (6:30p - 8:00p) at Children's Village, 3801 Kern Rd, Yakima Child care available upon request. Refreshments will be served. Limited enrollment. Registration required. Parent to Parent PH: 509-574- 3260 or 800-745-1077		
21 Yakima	DR MARK MOYAD: Director of Complementary and Alternative Medicine	5:00 - 6:00p	- Light dinner served	6:00 - 8:00p - Thinking Outside The Healthcare Box: A national expert discusses alternative & preventative medicine. Presenting at Children's Village, Yakima For information and to register, call 509-574-3260 or 1-800-745-3260.

22 **SHARED STRENGTHS WORKSHOP** Wednesday, April 22, 2009 (9:00a - 4:00p) **No Charge** State
Yakima employees only. Instructor: Ken Sauby. DSHS building in Yakima on 16th Avenue, Conference room 5 on the
2nd floor. A strength is mastery created when one's most powerful talents are refined with practice and
combined with acquired relevant skills and knowledge. Must purchase the book, Strengths Finder 2.0 by Tom Rath,
and share the list of 5 strengths with Ken Sauby by email before the workshop.
Register with Ken Sauby: PH: 509-839-7211 or EM: SaubyKA@dshs.wa.gov

22 **THERAPEUTIC OPTIONS Recertification** Wednesday, April 22, 2009 (1:45p - 10:00p) YVS, 4th Floor Training Room
Selah

23 Seattle

CUSTOMIZED EMPLOYMENT for Anyone, anywhere, Anytime: Reating Careers in a No-Jobs Labor Market Thursday-
Friday, April 23-24, 2009 **No Charge** This course will be of particular interest to participants who seek to assist
people with disabilities in moving beyond traditional community employment, are starting their own businesses and hope
to increase customer service using these fundable service practices in their NPAs. Audience to include project
manager, middle manager and front-line supervisors. Registration form available at www.nishacademy.org.

29 **PREDATORY LENDING PRACTICES & I.D. THEFT PREVENTION** Wednesday, April 29, 2009 **NO CHARGE** State
Selah employees only. Times are 6:00a - 7:00a and 1:45p - 2:45p. Mr. David Gilbreath from Consumer Credit Counseling
Services will present at YVS in the 4th floor training room. Please register with Raeann Pontrella at 698-1264 or
pontrrk@dshs.wa.gov. State employees only

30 **THERAPEUTIC OPTIONS Recertification** Thursday, April 30, 2009 (6:00a - 2:30p) YVS, 4th Floor Training Room
Selah